

PAW 1005: Yoga Points Outline

Percentage points for PED 1005 are calculated on a point-for-point basis. The breakdown and descriptions are outlined below.

QUIZ (10 points)

One quiz worth 10 points will be administered within the first three weeks of the semester. The quiz will primarily pertain to basic yogic vocabulary and safety precautions in practice so students have a baseline of knowledge as we move through the semester.

JOURNAL ENTRIES (10 to 20 points)

Up to 4 journal entries can be submitted for the course which equal up to five points each. Journal entry assignments will be given throughout the semester.

FINAL PAPER (optional 10 points)

Students have the option of writing and submitting a one page experience paper in lieu of two of the journal entries if they so wish. Up to 5 topics will be presented midway through the semester for students to choose from.

ATTENDANCE and PARTICIPATION (35 points)

Attendance is worth a total of 35 points. PED 1005 is treated like a lab, meaning it is imperative to show up for class and participate fully in order to get maximum points. The breakdown is as follows:

- Attend all classes (present on time, staying full length of time): 35 points
- Absent one class: 35 points
- Absent two classes: 30 points
- Tardiness and leaving early will result in 1 to 5 point deductions in attendance points for each occurrence
- Absent three or more classes: 0 (ZERO) points

There are no excused absences. No make up classes can or will be offered.

FINAL EXAM (35 points)

One final exam will be given at the end of the semester totaling 35 points.